3-6 years
Article

Understanding Developing Motor Skills

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Your child is constantly going through changes, and now that he’s a bit older, his fine and gross motor skills are coming together. By now, he should be playing as often as possible, as that’s a great way to reach movement milestones and hand and finger skills. Let him run, hop, throw and kick balls, climb, and swing regularly.

By now, he should be able to stand on one foot for a few seconds, walk up and down stairs alone, walk backwards easily, peddle a tricycle, draw a person with a body, stack at least 10 blocks, use a fork and a spoon, brush his teeth, and get dressed and undressed.

By now he is more coordinated and loves to show off his new physical skills. He can jump rope and catch a large ball. Because his fine motor skills are improving, he can tie his shoelaces and brush his hair.

Games with rules are a bit tough for him at this age, and he may accuse others of cheating if he doesn’t win. It’s all part of the learning process. He might also have a problem, sharing his favorite toy, but he enjoys playing with others, and should be able to share some things at least.

His fine motor skills mean that he can write his name, copy letters, and copy simple shapes with a pencil.

Reference:

1. http://www.webmd.com/parenting/guide/4-to-5-year-old-milestones#1
2. http://raisingchildren.net.au/articles/child_development_5-6_years.html

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