1-2-3 Years Milestones
Article

Games for Pre-schoolers

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As your pre-schooler starts to grow, you'll notice that her ways of playing evolve. For her, play is a way to learn, experiment, and solve problems. It is vital to her wellbeing and her overall development. She's now able to play with adults and with other children, giving her the ability to work on her social relations, on sharing, and on taking turns.

Up until now, she has preferred to play alone, but by the time she's 4, she'll be much more interested in playing with other children, as they make up games together. This is also a good exercise in creating and obeying rules. She's at an age where she understands that other people have feelings, and she's developing early signs of empathy.

Even if she is now being more social and interacting with others, you and her home are still the center of her world. That's why playing with you is very important to her, and you'll come to truly enjoy playtime with her.

Your child's imagination is also in full gear by now, so playing with almost anything is easy, from a cardboard box to old clothes. She likes to build, try new things, get her hands dirty, and playing with blocks. With your help, almost any item around the house can be transformed into a castle, a boat, or a plane.

Here are some ideas for games that pre-schoolers enjoy:

- Acting and putting on plays
- Playing with paints, water or sand
- Climbing
- Singing, reading, and dancing
- Sorting

Reference:

http://raisingchildren.net.au/articles/play_ideas_and_games_preschoolers.html

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