

Illuma 3 Milk - For Your Child's Growth and Development

ILLUMA 3

PRODUCT

Illuma Milk - Nourishing Your Child's Growth and Development

Children are vulnerable to infection during early childhood because their immune systems are not yet fully developed.¹ The early years are an important time of **growth** and development²⁻⁴, and as a parent you will want to boost your child's immunity at this critical time. Nutrition is one way you can do this.

A **healthy gut** contributes to a **healthy immune system**⁵, which means that by providing proper nutrition you can strengthen your child's immunity, and give them the inner defenses they need to combat infections and **grow up strong and healthy**.⁶

ILLUMA® provides nutrition that is **closer to nature** with breakthrough innovations in all three major nutrient groups—carbohydrates, fats and proteins—to provide stronger immunity along with healthy digestion and growth.⁷⁻¹⁸

Strengthens IMMUNITY⁸⁻¹² \blacksquare Support DIGESTIVE HEALTH^{11,12} \blacksquare Promote HEALTHY GROWTH¹³⁻¹⁶⁻¹⁸ \blacksquare

THE NEW AND UPGRADED ILLUMA®

The ONLY FORMULA WITH INNOVATIONS IN ALL THREE MACRONUTRIENTS⁷

THE FIRST AND ONLY GROWING-UP MILK WITH* ▶

The **bioactive**⁺ **complex** in illuma[®] 3 is a combination of three molecular structures found in mother's milk; incorporating human milk oligosaccharides (HMOs: a family

of complex milk sugars) 20 , sn-2 palmitate (body-friendly fat molecular structure) 21 , and alphalactalbumin (alpha-protein, the predominant human whey protein). 22

The HMOs in Illuma® are also a breakthrough in their class, since they represent not just one, but all three families of HMOs.^{7,23,24} This means your baby will benefit from each type of HMO, maximizing their immune protection in the vulnerable early years of life.^{8,11,12,20,25,26}

*Bioactive+ Complex: 2'-fucosyllactose (2'-FL), Lacto-N-neotetraose (LNnT), Milk-derived oligosaccharides, sn-2 palmitate and Alpha-lactalbumin.

- **№** Protection FROM GEMS⁸
- **▼** Growth of BENEFICIAL BACTERIA¹¹⁻²⁷
- **I** Strengthened IMMUNUTY 12-14

ILLUMA® 3 WITH ■IS ENRICHED WITH NUTRIENTS TO SUPPORT IMMUNITY, DIGESTION, AND GROWTH.

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- Less lung and gut infections. 12,14
- Reduced use of antibuotics. 12
- Healthy growth. 10

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- Stronger, healthier bones. 9,15
- Better sleep. 17
- \bullet Softer stools that are easier to pass. 15

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- Better digestion.²²
- Gentle on the tummy.²⁸
- Healthy growth. 18

ILLUMA® 3 IS SUCROSE-FREE AND LACTOSE-RICH

. \triangle Lactose²⁹.

- Improves digestion of minerals such as calcium.
- Supports the growth of good bacteria in the gut (prebiotic activity).
- Provides natural sweetness.
- Low glycemic index

. Sucrose³⁰.

- Can trigger hypersensitivity to sweetness.
- Linked to childhood obesity.
- Baby bottle decay and dental caries.

HOW TO PREPARE? Follow these easy mixing instructions for recommended serving size.

Prepare illuma® 3 using only the enclosed scoop.

ILLUMA® 3 Per serving size 150ml / 3 servings per day.

- **≤** 5 scoops (23.6g powder)
- ≥ 130 mL lukewarm water
- **≥** 150 mL
- 1 Wash your hands before preparing the milk.
- ≥ 2 Boil drinking water for five minutes. Allow to cool for no more than 30 minutes
- $\stackrel{\searrow}{}$ 3 Mix approximately 23.6g of powder (5 scoops) with 130 mL (4.4 fl. oz.) of previously boiled lukewarm water
- 4 Stir until powder is fully dissolved.
- ≤ 5 Serve 3 glasses per day.

WARNING

Unboiled water or incorrect dilution can make your child ill. Incorrect storage,

handling, preparation and feeding can potentially lead to adverse eects on the health of your child.

Prepare only one serving at a time and follow the instructions exactly. Make sure your child consumes the milk immediately. Do not keep unfinished milk, discard the contents.

Using more or less powder than indicated could either lead to dehydration or deprive your child of proper nutrition. Do not change proportions without medical advice.

ILLUMA® 3: COMMITTED TO PROTECTING THE PLANET FOR FUTURE GENERATIONS



As a parent, you want to know that you are doing all you can for your child's future. Illuma® 3 is proud to support you in this mission. Only Illuma® 3 oers all new sustainable and modern packaging for improved consumer confidence.

- Tamper-proof domed lid
- User-friendly spoon docking after first use
- Material identification included on the lid
- 'Unlocked' laser coding for clear indication
- Inner and outer sealing to preserve quality
- Pre-cut on lid for easy lid removal for recycling
- Packaging designed to be recyclable
- Reduced carbon emission from our factories

Locator loading...

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Important Notice:

We believe that breastfeeding is the ideal nutritional start for babies, and we fully support the World Health Organizations recommendation of exclusive breastfeeding for the first six months of life followed by the introduction of adequate nutritious complementary food along with continued breastfeeding up to years of age.

(S-26 GOLD 3, S-26 GOLD 4, S-26 Ultima 3, S-26 GOAT Milk 3, Illuma 3) is not a breast-milk substitute. We recommend that you speak to your healthcare professional about how to feed your baby and seek advice on when to introduce this product.