

# # babyname month 19



MONTH 19

“Guess what – I can explain my ideas to you”

It's not easy but I'm learning to cope with frustration

I know you will always keep **ME SAFE**



I am learning to recover from a tantrum

I am finding ways to express strong emotions - crying is okay, but kicking is not

You've taught me that it's okay to feel angry and you love me always

My feelings can be expressed easily

I understand the concept of cause and effect

